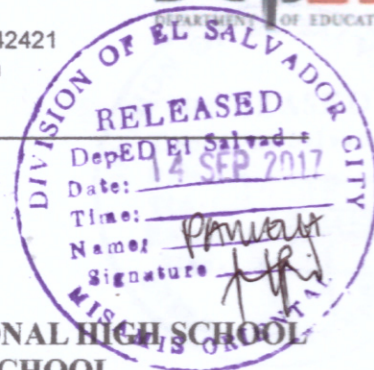




Republic of the Philippines  
Department of Education  
Region X  
**DIVISION OF EL SALVADOR CITY**  
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**DIVISION MEMORANDUM**

No. 274 s, 2017

**To: SAN FRANCISCO DE ASIS NATIONAL HIGH SCHOOL  
EL SALVADOR CITY CENTRAL SCHOOL  
HINIGDAAN NATIONAL HIGH SCHOOL  
MOLUGAN NATIONAL HIGH SCHOOL  
COGON NATIONAL HIGH SCHOOL**

**From: ALLAN G. FARNAZO, PhD, CESO IV**  
Regional Director IV, Concurrent SDS

**Subject: Lectures on the Ways and Strategies  
on Coping up with Adolescents Issues**

**Date: September 13, 2017**

1. The is to inform the field that the City Health Office of El Salvador City will conduct a **Lecture on the Ways and Strategies on Coping up with Adolescents Issues**. The schedule for the said activity will be advised on a later date.
2. Participants to the said lecture are the selected Grade 7, Grade 8 and Grade 10 students of the identified schools.
3. For information, guidance and compliance.

Copies Furnished:  
Person Concerned  
Records Section-Office Memorandum

/emr



Republic of the Philippines  
Province of Misamis Oriental  
CITY OF EL SALVADOR  
-000-

*OFFICE OF THE CITY HEALTH OFFICER*

September 05, 2017

ALLAN G. FARNAZO, CESO IV  
Regional Director/Concurrent SDS  
El Salvador City Division

ATTENTION: Cecille Z. Khobuntin  
School Division Nurse

Dear Sir/Ma'am,

Warm greetings!

Adolescent life typically describes the years between ages 10 to 19 years old can be considered the transitional stage from childhood to adulthood. However, the physical and psychological changes that occur in adolescence can start earlier, during the preteen ages 9-12 years old. Adolescence can be a time of both disorientation and discovery. This transitional period can bring up issues of independence and self-identity; many adolescents and peers face tough choices regarding schoolwork, sexuality, drugs, alcohol, social life and early pregnancies.

With this increasing trends of peer pressures, identity crisis, pre-marital sex, teenage pregnancies and substance abuse among our adolescents, the City Health Office is active in advocating the prevention of these health problems by conducting lectures to GRADE 10 students to our national public high school institutions on ways & strategies to help our young adults cope this new phase of life they are facing. They will be given respective schedule date & time for the said activity. *and see Grades' Classes*

Looking forward for your kind approval on this matter & thank you for your continued support to all these collaborative endeavors.

God Bless us all & more power!!

Respectfully yours,

*for:*   
MIRAVEL C. TANGCALAGAN, MD  
City Health Officer

Identified  
schools:

1. Molugan NHS
2. Cogon NHS
3. HINIGDAN NHS
4. El Salvador City NHS
5. San Francisco de ASIS NHS