



Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

Office of the Schools Division Superintendent

05 August 2022

DIVISION MEMORANDUM
NO. 341, s. 2022

**LEARNING SESSION ON THE CONDUCT AND FACILITATION OF
PSYCHOSOCIAL SUPPORT (PSS) ACTIVITIES TO LEARNERS FOR THE
S.Y. 2022-2023 IN-PERSON CLASSES**

To: **Assistant Schools Division Superintendent**
Chief Education Supervisor, SGOD & CID
Division DRRM Coordinator
Guidance Counselors
All Public Elementary and Secondary School Heads
All School DRRM Coordinators
All School Teachers
All Others Concerned
This Division

1. Relative to DRRMS Memorandum 08-04-2022-0001, this Office hereby informs the field to participate in the **Learning Session on the Conduct and Facilitation of Psychosocial Support Activities** on August 11-12, 2022 from 1:30 to 5:00 P.M. via livestream at the DepEd Philippines Facebook Page.
2. This psychosocial support activities are imperative in promoting, protecting, and prioritizing the learners' socio-emotional well-being as they transition back to in-person classes.
3. Further, expected participants are all teachers who will be managing in-person classes. Non-teaching personnel such as DRRM Coordinators, Guidance Counselors, and School Heads are highly encouraged to attend as well. Please refer to Annex A for the objectives, session details/schedules and program flow.
4. Moreover, all participants who will complete the learning session and accomplish the post-session forms will be given a Certificate of





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Attendance (Kindly refer to Annex B). The DRRMS will also be releasing the Psychosocial Support Activity Pack for All Levels: A Teacher's Guide after the learning session through memorandum and social media posts.

5. For updates and more information on MHPSS activities for the implementation of in-person classes, kindly join the Facebook group at <https://bit.ly/MHPSSpilotF2F>.
6. This Office shall adhere to the Equal Opportunity Principle (EOP) in observing all policies and guidelines. Hence, all actions shall be based solely on guidelines set with no discrimination on the account of age, gender identity, sexual orientation, civil status, disability, religion, ethnicity or political affiliation.
7. Immediate and wide dissemination of this Memorandum is enjoined.

OLGA C. ALONSABE, Ph.D., CESO V
Schools Division Superintendent

Encls:

As stated

Reference:

DRRMS 08-04-2022-0001

To be indicated in the Perpetual Index
under the following subject:

SGOD/YFD-DRRM/jee

PSYCHOSOCIAL SUPPORT
STUDENTS/TEACHERS



ANNEX A. Details of Learning Session on the Conduct and Facilitation Psychosocial Support Activities for In-person Classes of S.Y. 2022-2023

Orientations' Objectives

The general purpose of the learning sessions is to ensure that teaching and non-teaching personnel are equipped in conducting and facilitating psychosocial support activities for learners, to ensure the prioritization of the mental health and well-being of learners in the transition back to In-Person Classes.

Below are the specific objectives of the learning session.

- Align efforts among schools on the facilitation and conduct of psychosocial support activities for learners for S.Y. 2022-2023 in-person classes;
- Support the development of teaching personnel's knowledge, skills, and abilities in conducting and facilitating psychosocial support activities for learners;
- Provide a comprehensive guide for teaching personnel in the end-to-end conduct and facilitation of psychosocial support activities for learners, especially in the context of return to in-person classes;
- Inform and instruct teaching and non-teaching personnel in the conduct of monitoring and evaluation activities for the further development of psychosocial support programs and activities.

Learning Session Platform, Schedules, and Target Participants

The learning sessions will be facilitated through the official DepEd Philippines Facebook Page. Only participants who will complete the post-session forms will receive a Certificate of Attendance.

Orientation	Description	Date	Target Participants
Learning Session on the Conduct and Facilitation of Psychosocial Support Activities (K-Gr. 6)	Learning session on the conduct and facilitation of psychosocial support activities for learners. It will include discussions on the principles and rationale of psychosocial support, its end-to-end conduct, creating own activities, demonstrations, an open forum, and monitoring and evaluation.	August 11, 2022, 1:30 PM - 5:00 PM	Teachers of Kindergarten to Grade 6 Learners
Learning Session on the Conduct and Facilitation of Psychosocial Support Activities (Gr. 7-12)		August 12, 2022, 1:30 PM - 5:00 PM	Teachers of Grade 7 to Grade 12 Learners

Flow of Activities

The learning session will cover the following:

1. Preliminaries and Opening Message
2. Understanding Psychosocial Support
3. The rationale of Psychosocial Support in Disasters and/or Emergencies
4. 7 S' of Psychosocial Support
5. Conducting Psychosocial Support Activities in the Classroom
6. Demonstration
7. Creating Your Own Psychosocial Support Activities
8. Monitoring and Evaluation of Psychosocial Support Activities
9. Open Forum
10. Closing Remarks

ANNEX B. Monitoring and Evaluation of Psychosocial Support Activities for the In-Person Classes

To monitor and evaluate the conduct and facilitation of mental health activities for learners, the following tools or forms for specific purposes will be used:

1. Post-Session Forms

a. Learning Session Feedback. This will gather the feedback of participants regarding the quality of the learning session in terms of the program, resource person/s or speaker/s, materials and/or references, and platform. It will inform DRRMS on further needs for program improvement and development.

- i. To be administered by DRRMS.
- ii. To be completed by learning session participants (i.e., teachers, personnel).
- iii. To be completed after the learning session.
- iv. To be completed and submitted through a Google form that will be provided after the learning session.

b. Learning Session Posttest. This will assess the knowledge of the teachers on the different psychosocial support information and concepts discussed in the learning session. This form is merged with the feedback form.

- i. To be administered by DRRMS.
- ii. To be completed by learning session participants.
- iii. To be completed after the learning session.
- iv. To be completed and submitted through a Google form that will be provided after the learning session.

2. Monitoring and Evaluation of conduct of Psychosocial Support Activities for In-Person Classes

a. Psychosocial Support Evaluation. The Psychosocial Support Evaluation Guide will quickly assess how learners respond to the activities and gauge their overall adjustment to the transition to In-Person Classes through specific items aligned with the *Psychosocial Support Activity Pack*. It can inform teachers which psychosocial skills to focus on and consistently conduct classroom activities. More complete details regarding the Psychosocial Support Evaluation forms are enclosed in this memo.

- i. To be administered by teachers or class advisers who were trained and/or oriented on conducting and facilitating psychosocial support activities for learners.
- ii. To be completed by learners participating in the In-Person Classes.
- iii. To be administered and completed before the facilitation of the first psychosocial support activity and after the facilitation of the last psychosocial support activity (pre- and post-evaluation design).

- iv. To be collected by teachers and then collated through this response template: <https://bit.ly/PSSEvalResTemp>. The collated responses shall be submitted to the School Heads
- v. To be submitted by and through School Heads to DRRMS through this reporting link: <https://bit.ly/PSSEvaluation2021>.