



Republic of the Philippines  
**Department of Education**  
REGION X – NORTHERN MINDANAO  
SCHOOLS DIVISION OF EL SALVADOR CITY

**Office of the Schools Division Superintendent**

**04 January 2023**

DIVISION MEMORANDUM  
No. 005, s. 2023

**PARTICIPATION TO THE CONDUCT OF ARNIS COACHING REFRESHER SEMINAR**

To: Assistant Schools Division Superintendent  
Chief Education Supervisor, SGOD  
Public and Private Elementary and Secondary School Heads  
All Others Concerned  
This Division

1. The Department of Education (DepEd), in partnership with the LGU-El Salvador City sports development program, will conduct the Arnis Coaching Refresher Seminar on January 7, 2023, at AVR 3<sup>rd</sup> flr., City Hall, El Salvador City.
2. The activity aimed at orienting participants to the new rules and guidelines in Arnis, apprising them on how to shape a safe and healthy playing environment, and providing updates on the current trends in sports coaching.
3. Attached herewith are the list of identified personnel and expected participants to participate in the said activity and the matrix of activity (*please see Enclosure 1: List of Participants and Enclosure 2: Activity Matrix*).
4. Everyone is directed to strictly observe the minimum public health and safety protocols specified by the Inter-Agency Task Force (IATF).
5. Participation to this activity shall be subject to the ~~no-disruption-of-classes~~ policy stipulated in DepEd Order No. 9, s. 2005 titled "*Instituting Measures to Increase Engaged Time on Task and Ensuring Compliance therewith, Section 3 of Republic Act No. 5546 (Policy on Contributions) and DepEd Order No. 66, s. 2017 (Policy on Off-Campus Activities)*."
6. The participants shall be entitled to service credits in accordance with DepEd Order No. 52 s. 2003 entitled "*Updated Guidelines on the Grant of Vacation Service Credits for Teachers*". However, non-teaching personnel shall be given Compensatory Time-Off (CTO) per Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 2 s. 2004 on Non-Monetary Remuneration for Overtime Service Rendered, specific attention on Section 5.





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7. This Office shall adhere to Equal Opportunity Principle (EOP) in the steps undertaken for this purpose. Hence, all decisions and actions shall be based on guidelines set forth, with no discrimination on the account of age, gender, identity, sexual orientation, civil status, disability, religion, ethnicity or political affiliation.
8. Immediate and wide dissemination of this memorandum is desired.

**OLGA C. ALONSABE, PhD, CESO V**  
Schools Division Superintendent

*Attch: As Stated*  
*To be indicated in the Perpetual Index*  
*under the following subjects:*

SPORTS

SGOD/







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Enclosure 1: List of Participants

**A. Organizing Committee/TWG**

	<b>Personnel/Teacher</b>	<b>Station/School</b>
<b>Chair</b>	Marites G. Lignes	ECCS
<b>Resource Speakers</b>	John Franklin Dresser	Division Office
	Mark Anthony Arrieta	San Francisco de Asis NHS
	Melanie M. Ligutom	ECCS
<b>Members</b>	Franzelle Mae L. Arrieta	ECCS
	Geraldine Leah A. Abrea	ECCS
	Kristine Claire J. Bengar	ECCS

**B. Public Schools**

<b>School</b>	<b>Name</b>	<b>Position/Designation</b>
Amoros Elementary School	Bebelin A. Mercado	T-I/ Coach
Bolisong Elementary School	Geneveve R. Samson	TIII/ Coach
Cogon Elementary School	Marjorie Cagubcub	T1/Coach
El Salvador City Central School	Geraldine Leah A. Bendijo	T-II, Coach
El Salvador City Central School	Kristine Claire J. Bengar	T-I, Coach,
Himaya Elementary School	Angeles R. Malolot	Teacher/Coach
Hinigdaan Elementary School	Sheila G. Abarquez	T1/Coach
Kalabaylabay Integrated School	Joanna Marie L. Lomongo	T-I/Coach
Kalabaylabay Integrated School	Lougie Mae P. Batalla	T-I/Coach
Kibonbon ES	Rizsa Jean S. Digamon	T-III, Coach
Molugan CS	Joan M. Loquias	TI/Coach
Molugan CS	Lelibeth M. Apdian	TIII/Coach
Pedro Sa. Baculio ES	Cristine G. Maestre	T III/Coach
Sambulawan ES	Geneline Cabaron	T I/Coach
San Francisco de Asis ES	Arlyn V. Colicol	T1/Coach
Sinaloc ES	MARISSA B.SAGUING	T2 /Coach
Taytay ES	Cherry C. Mag-Aso	T-II Coach
Ulaliman ES	Luna June F. Cababaron	T I/Coach
Cogon NHS	Alawi, Aerol kent	T1/coach
Cogon NHS	Francisco, Kristine	T1/coach
El Salvador City NHS	Teresita Bastillada	MT 1
El Salvador City NHS	Quimberly G. Baspin	MT 1





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Himaya NHS	Lemuel Q. Liñan	TI/Coach Arnis
Hinigdaan NHS	Richard D. Aguirre	T 3/ Coach Arnis
Molugan NHS	Rona Ann R. Bengar	TI/Coach
Molugan NHS	Eric Gabriel C. Balili	TI/Coach
Sambulawan NHS	Joan F. Eran	Teacher 1
San Francisco De Asis NHS	JOMAR N. APUS	Teacher - I/Coach
Sinaloc NHS	JAEN KIETH F. ROCIOS	Teacher - I/Coach

**C. Private Schools**

<b>Schools</b>	<b>No. of Participant</b>
St. Joseph Academy	1
Miraculos Medal Academy	1
Stellullae Mariae school	1





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Enclosure 2: Activity Matrix

<b>Time</b>	<b>Activity/Topic</b>	<b>Speaker/In-charge</b>
7:30-8:00 AM	Registration	TWG
8:00-8:30 AM	Opening Program	TWG
8:30-10:00 AM	Topic 1: Arnis Overview and Anyo	Dr. Melanie M. Ligutom
10:00-10:15 AM	MOL	TWG
10:15-12:00 NN	Topic 2: Arnis Full-contact	Mark Anthony G. Arrieta
12:00 NN-1:00 PM	<b>LUNCH</b>	
1:00-4:30 PM	Topic 3: Principles of Training and Designing Training Design	Dr. John Franklin Dresser
4:30-5:00 PM	Closing Program	TWG

