



Republic of the Philippines  
**Department of Education**  
REGION X- NORTHERN MINDANAO  
**SCHOOLS DIVISION OF EL SALVADOR CITY**

**Office of the Schools Division Superintendent**

**March 13, 2023**

**DIVISION MEMORANDUM**

No. 140, s. 2023

**COORDINATION MEETING FOR THE NORTHERN MINDANAO REGIONAL  
ATHLETIC ASSOCIATION (PALARONG PAMPOOK) HOSTING AND  
FINALIZATION OF DELEGATES**

To: **Assistant Schools Division Superintendent**  
**Chief Education Supervisors**  
**Education Program Supervisors**  
**Public and Private Elementary School Heads**  
**Public and Private Secondary School Heads**  
**All Others Concerned**  
This Division

1. To ensure the success of the 2023 Northern Mindanao Regional Athletic Association (Palarong Pampook) hosting and for the finalization of delegates, this office informs the field of the meeting at El Salvador City Central School Covered Court on March 15, from 1:00-5:00 PM.
2. Participants in this meeting are the following:
  - a. Members of the El Salvador City Division Athletic Association (ESCDA)
  - b. Division Screening and Accreditation Committee (DSAC)
  - c. School Heads
  - d. Qualified Coaches for the Palarong Pampook
3. The list of qualified coaches is found in the attachment (Please see enclosure).
4. School Heads shall ensure that the classes of the teacher-participants will be taken care of by another teacher in compliance with the no-disruption-of-classes policy stipulated in DepEd Order No. 09, s. 2005 entitled Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith.





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5. This office adheres to the Equal Opportunity Principle (EOP). Hence, all actions shall be based solely on the guidelines set with no discrimination on the account of age, gender, identity, sexual orientation, civil status, disability, religion, ethnicity, or political affiliation.
6. Immediate and wide dissemination of this Memorandum is desired.

  
**VICTOR G. DE GRACIA, JR., PhD, CESO V**  
Assistant Regional Director  
and Concurrent Officer-in-Charge  
Office of the Schools Division Superintendent

SGOD/Sports/Agf





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ENCLOSURE NO. 1

**LIST OF QUALIFIED COACHES**

<b>EVENTS</b>	<b>QUALIFIED COACH</b>	<b>SCHOOL</b>
<b>1. ARNIS:</b>		
Elementary (Girls)	Kristine Claire J. Bengar	ECCS
Elementary (Boys)	Geraldine Leah A. Bendijo	ECCS
Secondary (Girls)	Rona Ann R. Bengar	Molugan NHS
Secondary (Boys)	Eric Gabriel C. Balili	Molugan NHS
<b>2. ATHLETICS (Track)</b>		
Elementary (Girls)	Lorna A. Sabuero	Amoros ES
Elementary (Boys)	Jean Claude de los Reyes	Sinaloc ES
Secondary (Girls)	Lovely P. Aguirre	Hinigdaan NHS
Secondary (Boys)	Mark A. Francisco	Molugan NHS
<b>ATHLETICS (Field)</b>		
Elementary (Girls)	Jervie I. Gomez	Amoros ES
Elementary (Boys)	Pureza B. Oco	Molugan CS
Secondary (Girls)	Elerfe Jannine B. Kadile	Cogon NHS
Secondary (Boys)	Christian Delle C. Ragmac	SFDA NHS
<b>3. BADMINTON</b>		
Elementary (Girls)	Richiel Q. Ampoyo	ECCS
Elementary (Boys)	Lizel D. Adesas	Cogon ES
Secondary (Girls)	Annielyn G. Tadena	Cogon NHS
Secondary (Boys)	Madel B. Sabuero	ESCNHS
<b>4. BASKETBALL</b>		
Elementary	Renante L. Unabia	Molugan CS
Secondary (3x3)	Wilfredo B. Namoc, Jr.	Cogon NHS
Secondary (5x5)	Eljior B. Estrada	ESCNHS
<b>5. BILLIARDS</b>		
Secondary (Girls)	Leah P. Maestre	Sinaloc NHS
Secondary (Boys)	Jelkhim M. Rosas Rince Cheal A. Entice	SFDA NHS ESCNHS
<b>6. BOXING</b>		
	Psyrel M. Rosas	Himaya NHS
<b>7. CHESS</b>		
Elementary (Girls)	Maria Faye Vanessa C. Cagalitan	Bolisong ES
Elementary (Boys)	Cheryl D. Roa	SJA
Secondary (Girls)	Dyanna Rose I. Fabre	Cogon NHS
Secondary (Boys)	Cheryl D. Roa	SJA
<b>8. DANCESPORTS</b>		
Elementary	Mary Claire Q. Talagtag	Cogon ES
Secondary	Hannah L. Doncillo	Molugan NHS





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<b>9. SWIMMING</b>		
Elementary (Girls)	Marivel Dionella	SJA
Elementary (Boys)	Natalio Bongcas	Molugan CS
Secondary (Girls)	Glory Mae A. Cuenza	Cogon NHS
Secondary (Boys)	Alma D. Oguimas	Cogon NHS
<b>10. WRESTLING</b>		
Secondary (Girls)	Christine G. Capundag	Molugan NHS
Secondary (Boys)	James Rey G. Saludaes	Molugan NHS
<b>11. WUSHU</b>		
Secondary (Girls)	Maria Lesli U. Obligado	Molugan NHS
Secondary (Boys)	Jomar N. Apus	Molugan NHS
<b>12. VOLLEYBALL</b>		
Elementary (Girls)	Kent R. Fabria	Molugan CS
Elementary (Boys)	Renief Anthony T. Saplot	KAIS
Secondary (Girls)	Vanity Jade C. Lazaga	Molugan NHS
Secondary (Boys)	John Conrad B. Magdale	SJA

