



Republic of the Philippines  
**Department of Education**  
REGION X- NORTHERN MINDANAO  
SCHOOLS DIVISION OF EL SALVADOR CITY

**Office of the Schools Division Superintendent**

**April 5, 2023**

**DIVISION MEMORANDUM**

No. 174, s. 2023

**PARTICIPATION IN THE NATIONAL TRAINING OF TRAINERS ON SPORTS SKILLS FOR ATHLETICS AND SWIMMING (MINDANAO CLUSTER)**

To: **Assistant Schools Division Superintendent**  
**Chief Education Supervisors**  
**Public Elementary/Secondary School Heads**  
**Salvador T. Bendijo, II - HT-I, Himaya NHS**  
**Jomer T. Paquinol, T-II, Sinaloc NHS**  
**Natalio A. Bongcas, Jr., T-II, Molugan CS**  
**Sheila G. Abarquez, T-I, Hinigdaan ES**  
**Dorothy T. Pila, T-I, Molugan NHS**  
**All Others Concerned**

This Division

1. Following Regional Memorandum No. 166, s. 2023, titled *Participation in the National Training of Trainers on Sports Skills for Athletics and Swimming (Mindanao Cluster)*, this office enjoins the participation of qualified coaches of the Division in Tagum City, Davao del Norte on April 11-15.
2. The training aims to provide the participants with the knowledge, skills, and understanding of the different sports skills set on the performance indicators contained in the DepEd sports manual.
3. The identified participants shall register through this online link: <https://bit.ly/regnttssmindanaocluster>.
4. The participants shall take with them appropriate sports attire to be worn during the practicum.
5. The participants' travel expenses shall be charged to their local funds while food and accommodation shall be charged against the 2023 Physical Fitness and School Sports (PFSS) Funds, subject to the usual accounting and auditing rules and regulations.

*[Handwritten signature]*





Republic of the Philippines  
**Department of Education**  
**REGION X- NORTHERN MINDANAO**  
**SCHOOLS DIVISION OF EL SALVADOR CITY**

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6. Complying with DepEd Order No. 34, s. 2022 titled **School Calendar and Activities for the School Year 2022-2023**, the school heads, shall ensure that a substitute teacher will take over the classes in the absence of their teaching personnel who will participate in the national training to prevent disruption of classes.
7. Attached are the copies of OUOPS Memorandum and program of activities, for information and reference.
8. This office adheres to the Equal Opportunity Principle (EOP). Hence, all actions shall be based solely on the guidelines set with no discrimination on the account of age, gender, identity, sexual orientation, civil status, disability, religion, ethnicity, or political affiliation.
9. Immediate and wide dissemination of this Memorandum is desired.

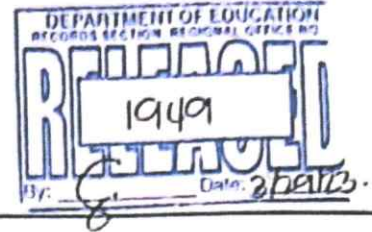
**RANDOLPH B. TORTOLA, PhD, CESO V**  
Schools Division Superintendent

SGOD/Sports/Agf





Republic of the Philippines  
**Department of Education**  
REGION X - NORTHERN MINDANAO



March 28, 2023

REGIONAL MEMORANDUM  
No. KCC, s. 2023

**PARTICIPATION IN THE NATIONAL TRAINING OF TRAINERS ON SPORTS SKILLS  
FOR ATHLETICS AND SWIMMING (MINDANAO CLUSTER)**

To: Assistant Regional Director  
Schools Division Superintendents  
SGOD Chiefs  
Division Sports Officers  
School Heads  
All Others Concerned

1. Following the Memorandum OUOPS No. 2023-03-2033 from the Office of the Undersecretary for Operations through the Office of the Assistant Secretary Operations - Bureau of Learner Support Services dated February 27, 2023, this Office enjoins the participation of qualified coaches of the Region in the **National Training of Trainers on Sports Skills on Sports Skills for Athletics and Swimming (Mindanao Cluster)** in Tagum City, Davao del Norte (specific venue to be announced on a separate memorandum), on April 11-15 (inclusive of travel time).
2. The training aims to provide the participants with the knowledge, skills, and understanding of the different sports skills set based on the performance indicators contained in the DepEd sports manual.
3. The participants of this training are teacher-coaches and/or Physical Education (PE) teachers in the Mindanao Region involved in sports clubs of the identified sports with any of the following qualifications:
  - a. Successfully completed the developmental, intermediate, and advanced levels of the National Training in Sports Coaching (NTSC); or
  - b. Has experience in coaching in the regional meet or *Palarong Pambansa*
4. Moreover, the organizers of the training allocated five slots of participants from each of the Schools Division Office (SDO), together with the Regional Sports Officer (RSO). Yet, the list of participants is attached to this Memorandum.
5. The identified participants shall register ahead through this online registration link: <https://bit.ly/regnttssmindanaocluster>.
6. The participants shall take with them appropriate sports attire to be worn during the practicum. Participants who are pregnant or unfit to undergo physical activities shall not be accommodated.



DepEd Regional Office X, Zone 1, Upper Balulang, Cagayan de Oro City  
(088) 856-3932 | (088) 881-3137 | (088) 881-3031  
Department of Education Region 10  
region10@deped.gov.ph  
<http://deped10.com>



7. The participants' travel expenses shall be charged to their local funds while food and accommodation shall be charged against the 2023 Physical Fitness and School Sports (PFSS) Funds, subject to the usual accounting and auditing rules and regulations.

8. Complying with **DepEd Order No. 34, s. 2022** titled "**School Calendar and Activities for the School Year 2022-2023**," the concerned Schools Division Offices (SDOs), through the school heads, shall ensure that a substitute teacher will take over the classes in the absence of their teaching personnel who will participate in the national training to prevent disruption of classes.

9. Attached are copies of the OUOPS Memorandum, program of activities, and the list of participants, for information and reference.

10. For clarifications and coordination, please contact the following:

**Office of the Chief**

Education Support Services Division  
Third floor, DepEd RO-X Building, DepEd ROX Complex  
Zone 1, Upper Balulang, Cagayan de Oro City  
Telephone Number: 09166590690  
Email Address: [essd.region10@deped.gov.ph](mailto:essd.region10@deped.gov.ph)

11. This Office directs the immediate and wide dissemination of this Memorandum.

**DR. ARTURO B. BAYOCOT, CESO III**  
Regional Director

  
**DR. VICTOR G. DE GRACIA JR., CESO V**  
Assistant Regional Director  
Officer-in-Charge  
Office of the Regional Director

ATCH.: As stated

To be indicated in the Perpetual Index  
under the following subjects:

SPORTS  
TRAINING  
ATHLETICS  
SWIMMING

RE: Participation in the National Training of  
Trainers on Sports Skills for Athletics and  
Swimming (Mindanao Cluster)

ESSD-Sports/chard

Attachment to Regional Memorandum No. 146, s. 2023

NATIONAL TRAINING OF TRAINERS ON SPORTS SKILLS FOR ATHLETICS AND SWIMMING PARTICIPANTS						
April 11-15, 2023 (Tagum City)						
Office/SDO	Complete Names	RSO/DSO/Representative	ATHLETICS (ELEMENTARY)	ATHLETICS (SECONDARY)	SWIMMING (ELEMENTARY)	SWIMMING (SECONDARY)
REGIONAL OFFICE	Myron Gil D. Talosig	✓				
	Ricardo G. Dragon	✓				
SDO BUKIDNON	Ronnel Jun T. Estiva	✓				
	Ferlyn C. Estenzo		✓			
	Samuel A. Banda			✓		
	Mitzi P. Espiritu				✓	
	Ronnel E. Alemania					✓
SDO CAGAYAN DE ORO	Rosalio R. Vitorillo	✓				
	Candolyn L. Quilit		✓			
	Levi A. Del Puerto			✓		
	Jessica B. Cunado				✓	
	Alson V. Alburo					✓
SDO CAMIGUIN	Arnel Maestrado	✓				
	Alma A. Gacus		✓			
	Nympha B. Yamit			✓		
	Rogel C. Cabeguin				✓	
	Efren J. Apostol, Jr.					✓
SDO EL SALVADOR	Salvador T. Bendijo, II	✓				
	Sheila G. Abarquez		✓			
	Dorothy T. Pila			✓		
	Natalio A. Bongcas Jr.				✓	
	Jomer T. Paquinol					✓
SDO GINGOOG	Sherwin A. Cuerdo	✓				




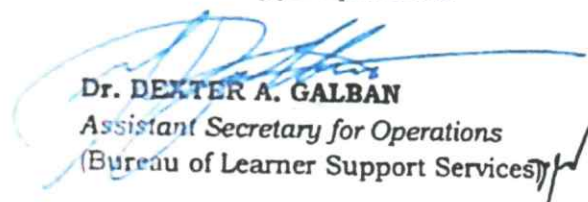
Republic of the Philippines  
**Department of Education**  
OPERATIONS

OUOPS No. 2023-03- 213

**MEMORANDUM**

TO : REGIONAL DIRECTORS CONCERNED  
MINISTER, BASIC, HIGHER, AND TECHNICAL  
EDUCATION, BARMM  
SCHOOLS DIVISION SUPERINTENDENTS CONCERNED  
REGIONAL SPORTS OFFICERS CONCERNED  
ALL OTHERS CONCERNED

FROM :   
Atty. REVSEE A. ESCOBEDO  
Undersecretary for Operations

  
Dr. DEXTER A. GALBAN  
Assistant Secretary for Operations  
(Bureau of Learner Support Services)

SUBJECT : NATIONAL TRAINING OF TRAINERS ON SPORTS SKILLS  
FOR ATHLETICS AND SWIMMING (MINDANAO CLUSTER)

DATE : February 27, 2023

In support to the Department of Education's (DepEd) programs on school sports, particularly the institutionalization of sports clubs in the public school system, the Bureau of Learner Support Services-School Sports Division (BLSS-SSD), shall conduct the **Mindanao Cluster of the National Clustered Training of Trainers on Sports Skills for Athletics and Swimming** from April 11 to 15, 2023 (inclusive of travel time) in Tagum City, Davao del Norte (specific venue to be announced on a separate memorandum).

The Training aims to provide the participants with the knowledge, skills, and understanding of the different sports skills set based on the performance indicators contained in the DepEd Sports Manual.

Target participants are **teacher-coaches** and/or **Physical Education (PE) teachers** in the Mindanao region involved in sports clubs of the identified sports with ANY of the following qualifications:

BLSS-SSD LCV/02282023

Ground Floor, Rizal Building, DepEd Complex, Meralco Avenue Pasig City 1600  
Email: [oure@deped.gov.ph](mailto:oure@deped.gov.ph); Website: [www.deped.gov.ph](http://www.deped.gov.ph)  
Tel. No.: (02) 8633-5313; (02) 8631-8492

- a. Successfully completed the developmental, intermediate, and advance levels of the National Training in Sports Coaching (NTSC); or
- b. Has experience in coaching in the regional meet or *Palarong Pambansa*.

To ensure that the face-to-face training will be conducted effectively, **only two (2) participants** – one (1) from elementary and one (1) from secondary (preferably male and female) – per school division office (SDO) shall be accommodated.

All concerned regional sports officers (RSOs) are enjoined to submit their region's list of participants indicating their full name (including middle initial), email address (preferably DepEd email), and mobile number at email address [blss.ssd@deped.gov.ph](mailto:blss.ssd@deped.gov.ph) **on or before March 24, 2023**. Only those participants officially endorsed by the RSOs who have met the qualifications will be given the online registration link.

Participants are required to bring the appropriate sports attire to be worn during the practicum. Participants who are pregnant or unfit to undergo physical activities shall not be accommodated.

Further, the concerned RSOs and division sports officers (DSOs) for this Cluster are encouraged to participate and likewise monitor their respective teacher-coaches to the said National Training. Travel expenses of the RSOs and DSOs shall be charged to their local funds while food and accommodation shall be charged against the 2023 Physical Fitness and School Sports (PFSS) Funds, subject to the usual accounting and auditing rules and regulations.

All concerned are enjoined to authorize the participation of the identified participants under its jurisdiction to this National Training. Enclosed herewith is the Program Matrix for information and reference.

All expenses to be incurred by the BLSS-SSD personnel and resource persons relative to the conduct of this activity, and the meals/accommodation of participants shall be charged against the 2023 Physical Fitness and School Sports (PFSS) Funds. On the other hand, travel expenses of participants shall be charged against their respective local funds. All aforementioned expenses are subject to the usual accounting and auditing rules and regulations.

In observance of and compliance to DepEd Order No. 34, s. 2022 entitled *School Calendar and Activities for the School Year 2022-2023*, the concerned schools division offices, through the school heads, shall ensure that a substitute teacher will take over the classes in the absence of their respective teaching personnel who will participate to the National Training to prevent disruption of classes.

For more information, you may contact the Bureau of Learner Support Services-School Sports Division through **Rosalie G. Roxas**, Education Program Specialist II or **Jason R. Razal**, Administrative Assistant II at telephone number (02) 8632-0260 or through email address [blss.ssd@deped.gov.ph](mailto:blss.ssd@deped.gov.ph).

Immediate and wide dissemination of this Memorandum is desired.



**National Training of Trainers on Sports Skills (Swimming and Athletics)  
Mindanao Cluster (April 11-April 15,2023)**

The training aims to capacitate the trainer with the appropriate knowledge and competencies in the four key stages of the DepEd Sports Manual

Time	(Day 0)	(Day 1)	(Day 2)	(Day 3)	(Day 4)
6:00-7:00	<b>Travel Time</b>	<b>B R E A K F A S T</b>			
7:00- 8:00		<b>Attendance Check from 8-830 am</b>			
8:00-9:00		<b>MOL</b>			
9:00-10:00		<ul style="list-style-type: none"> <li>• Opening Program(8:30 AM)</li> <li>• Preliminaries</li> <li>• Introduction of Participants,RPs &amp; TWG</li> <li>• Welcome Message</li> <li>• Statement of Purpose and Over view of the Dep ed Sports Club</li> <li>• Program Mechanics</li> <li>• Walk-through of the Deped Sports Manual</li> <li>• Plenary : Strategic Challenges and Directions in the Implementation of Deped Sports Club</li> </ul>	<ul style="list-style-type: none"> <li>• Session 2:</li> <li>• Walk-through on key stage 2</li> <li>• Skills demonstration of key stage 2</li> </ul> <p align="center"><b>Break out session</b></p>	<ul style="list-style-type: none"> <li>• Session 4:</li> <li>• Walk-through on key stage 4</li> <li>• Skills demonstration of key stage 4</li> </ul> <p align="center"><b>Break out session</b></p>	<ul style="list-style-type: none"> <li>• Closing Program (8:30AM)</li> <li>• Closing remarks</li> <li>• Ways forward</li> <li>• Awarding of certificates</li> <li>• Photo op</li> </ul>
10:00-11:00					
11:00-12:00					
12:00-1:00		<b>L U N C H</b>			<b>Last Meal Lunch</b>
1:00-2:00	<b>Arrival and Registration</b>	<ul style="list-style-type: none"> <li>• Session 1:</li> <li>• Walk-through on key stage 1</li> <li>• Skills demonstration of key stage 1</li> </ul> <p align="center"><b>Break out session</b></p>	<ul style="list-style-type: none"> <li>• Session 3:</li> <li>• Walk-through on key stage 3</li> <li>• Skills demonstration of key stage 3</li> </ul> <p align="center"><b>Break out session</b></p>	<ul style="list-style-type: none"> <li>• Session 5:</li> <li>• Assessment of performance (Practical and Written)</li> <li>• Open forum</li> <li>• Evaluation of the program</li> </ul> <p align="center"><b>Break out session</b></p>	<b>ETD for Home</b>
2:00-3:00	<b>First Meal Pm Snacks</b>				
3:00-4:00	<b>Orientation with RPs</b>				
4:00-5:00					
6:00-7:00		<b>D I N N E R</b>			