



Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

Office of the Schools Division Superintendent

April 11, 2023

DIVISION MEMORANDUM

No. 179, s. 2023

**DIVISION IN-HOUSE TRAINING OF QUALIFIED ATHLETES FOR THE 2023
NORTHERN MINDANAO REGIONAL ATHLETIC ASSOCIATION MEET
(PALARONG PAMPOOK)**

To: **Assistant Schools Division Superintendent**
Chief Education Supervisors
Education Program Supervisors
Public and Private Elementary School Heads
Public and Private Secondary School Heads
All Others Concerned
This Division

1. In preparation for the 2023 Northern Mindanao Regional Athletic Association Meet (Palarong Pambook), this office, through the Schools Governance and Operations Division informs the field on the In-House Training of Athletes on the following dates:
 - a. Batch 1: April 13-19, 2023 (Athletics & Wushu)
 - b. Batch 2: April 20-26, 2023 (Basketball, Volleyball & Dancesport)
 - c. Batch 3: April 25-May 2, 2023 (Arnis, Swimming, Boxing, Wrestling, Billiards, Chess, Badminton)
2. The activity aims to:
 - a. Maximize athletic performance while minimizing the occurrence of injury in a safe, structured training environment; and
 - b. Improve fitness and abilities to perform in a particular sport.
3. School Heads shall ensure that the classes of the teacher-participants will be taken care of by another teacher in compliance with the no-disruption-of-classes policy stipulated in Deped Order No. 09, s. 2005 entitled Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith.

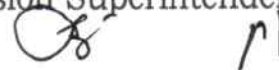




Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

4. The student-athletes shall be excused from their classes and given special exams, after the NMRAA.
5. The teacher-coaches/trainers/TWG shall be entitled to service credits in accordance with *DepEd Order No. 52, s. 2003* titled *Updated Guidelines on the Grant of Vacation Service Credits for Teachers*. However, non-teaching personnel shall be given *Compensatory Time-Off (CTO) per Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 2, 2004 on Non-Monetary Remuneration for Overtime Service Rendered*, specific attention on Section 5.
6. Attached is the list of participants and other details, for information and reference.
7. This office adheres to the Equal Opportunity Principle (EOP). Hence, all actions shall be based solely on the guidelines set with no discrimination on the account of age, gender, identity, sexual orientation, civil status, disability, religion, ethnicity, or political affiliation.
8. Immediate and wide dissemination of this Memorandum is desired.


RANDOLPH B. TORTOLA, PhD, CESO V
Schools Division Superintendent



SGOD/Sports/Agf





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

ENCLOSURE NO. 1

BATCH 1

DATE	April 13-19, 2023	
SPORTS EVENTS	Athletics & Wushu	
VENUE	Amoros Elementary School	
COACHES/TRAINERS	Jervie I. Gomez	Amoros ES
	Lorna A. Sabuero	Amoros ES
	Mark A. Francisco	Molugan NHS
	Lovely P. Aguirre	Hinigdaan NHS
	Christian Delle C. Ragmac	SFDANHS
	Elerfe Jannine B. Kadile	CoNHS
	Cherry Lou Ligsanan	CoNHS
	Nicanor N. Apus, Jr.	MNHS
	Ma. Leslie U. Obligado	MNHS
	Jomar N. Apus	SFDANHS
MONITORING PERSONNEL	Sammy S. Tres Reyes	Amoros ES
	Salvador T. Bendijo, II	Himaya NHS
	Jurica Ethel Estrada	SDO
	Analyn G. Fabria	SDO
FOOD COMMITTEE	Chair: Marites Naranjo	Amoros ES
	Co-Chair: Roque B. Labis, Jr.	Sambulawan ES
	Reynaldo S. Geralde, Jr.	Amoros ES
	Quennie C. Otero	Amoros ES
	Bebelin A. Mercado	Amoros ES
	Oliva D. Galagnara	Amoros ES
ATHLETES: (ATHLETICS TRACK)	Axel Gabule	Himaya ES
	Nelson Narvasa	Sinaloc ES
	Nyghiel B. Milay	Amoros ES
	Carl Vincent J. Tagaylo	Amoros ES
	Leone A. Tacbobo	Amoros ES
	Carl Domenic S. Ramayan	Amoros ES
	Riza Tagaro	Amoros ES
	Krista Jean A. Labita	Amoros ES
	Julian J. Berdon	Amoros ES
	Analiza Apdian	KAIS
	Enerjean Bantuan	Sinaloc ES
	Gracelyn G. Pacana	Amoros ES
	Allan Dave Saraga	MNHS
John Edrian A. Baa	MNHS	





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

	Terrence Louie A. Rabusa	MNHS
	Prince Iligan	CONHS
	Romnick Cuarisma	Hinigdaan NHS
	April Mambayla	Hinigdaan NHS
	Michaela B. Baculio	Molugan NHS
	Angel Milana	Himaya NHS
	Precious P. Ausan	Molugan NHS
ATHLETES: (ATHLETICS FIELD)	Verwen Damalan	CoNHS
	Jomar Kee	MNHS
	Reymark Mandaquiton	SFDANHS
	Maisie Gweneth G. Labares	CoNHS
	Angelly Acuno	MNHS
ATHLETES: (WUSHU)	Chuckie P. Catalan	Molugan NHS
	Jade C. Pollescas	Molugan NHS
	Jerson P. Bandola	Molugan NHS
	Rodsxan Jick E. Flores	SFDANHS
	Jhonrey S. Imus	Molugan NHS
	Nolan D. Jayson	Molugan NHS
	Bernadeth B. Lacre	Molugan NHS
	Daneah Nicole A. Taer	Molugan NHS
	Nice Molinay	Molugan NHS
	Melchie A. Candila	Molugan NHS





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

ENCLOSURE NO. 2

BATCH 2

DATE	April 20-26, 2023	
SPORTS EVENTS	Basketball, Volleyball & Dancesport	
VENUE	Molugan Central School	
COACHES/TRAINERS	Renante L. Unabia	Molugan CS
	Eljior Estrada	Molugan NHS
	Rux Lloyd Casiño	Himaya NHS
	Aaron A. Adesas	CoNHS
	Kent R. Fabria	Molugan CS
	Lilybeth Apdian	Molugan CS
	Vanity Jade C. Lazaga	Molugan NHS
	Carmy V. Macua	Molugan NHS
	Renief Anthony Saplot	KAIS
	Maricris B. Buray	KAIS
	John Conrad B. Magdale	SJA
	Adrian Jed Garret J. Lucero	SJA
	Mark Vincent E. Garrido	SJA
	Mary Claire Q. Talagtag	Cogon ES
	Hannah L. Doncillo	Molugan NHS
MONITORING PERSONNEL	Ian Khay H. Castro	Molugan CS
	Jovel C. Labis	Himaya ES
	Roque R. Sabasaje	SDO
	Analyn G. Fabria	SDO
	Vanessa Prores L. Tiad	SDO
FOOD COMMITTEE	Chairman: Cherry B. Sabasaje	Molugan CS
	Co-Chair: Joan P. Loquias	Molugan CS
	Members: Hirah Marie B. Chua	Molugan CS
	Leah Lincuna	Molugan CS
	Lorlyn Bongcas	Molugan CS
	Lesbina Villocillo	Molugan CS
	Juanita Mugot	Molugan CS
	SPTA & J.O.s	Molugan CS
ATHLETES: (BASKETBALL-ELEM)	Rafael Luis C. Alaban	Molugan CS
	Oliver C. Alaban	Molugan CS
	Austin Ivo Ampoyo	Molugan CS
	Axcel Bagnol	Molugan CS
	Lexter Bagnol	Molugan CS
	Kent Ivan A. Besaños	Molugan CS
	Jomari N. Dignos	Molugan CS





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

	Alken Jeremiah Escalante	Molugan CS
	Justin T. Gacus	Molugan CS
	Justin M. Granada	Molugan CS
	Mark Clinton M. Mabaylan	Molugan CS
	Prince Rhoym M. Macapelit	Molugan CS
ATHLETES: BASKETBALL- SEC.	Rejohn N. Cuya	Molugan NHS
	Peter Paul C. Bahian	Molugan NHS
	Jeress Yaehl J. Banuag	Molugan NHS
	EJ Cris P. Bolando	Molugan NHS
	Chris Anreck D. Colanse	Molugan NHS
	Elijah Pete M. Donoso	Molugan NHS
	Jeby A. Elarmo	Molugan NHS
	Luigi V. Janubas	Molugan NHS
	Geian Melchor E. Labis	Molugan NHS
	Rich Mart R. Labis	Molugan NHS
	Errol E. Ladoroz	Molugan NHS
	Winmar R. Sabasaje	Molugan NHS
	ATHLETES: BASKETBALL- SEC. (3x3)	Jhanwel J. Alimocon
Ariel B. Densing		CoNHS
Jhon Mark D. Fuentes		CoNHS
Eldie P. Jaudian Jr.		CoNHS
ATHLETES: VOLLEYBALL-GIRLS ELEMENTARY	Rainzel Canoy	Molugan CS
	Morrayl Angela A. Nacua	Molugan CS
	Kim Dupeno Juabhib	Molugan CS
	Daisy Jane M. Daroy	Molugan CS
	Jachille V. Alba	Molugan CS
	Pauline Andrea L. Acuno	Molugan CS
	Samantha Bonjoc	Molugan CS
	Kiexiah Nichole P. Labis	Molugan CS
	Aleah D. Brilliantes	Molugan CS
ATHLETES: VOLLEYBALL-GIRLS SECONDARY	Crystal Joy T. Bacorro	Molugan NHS
	Chlowe Mave S. Bajuyo	Molugan NHS
	Love Xyra V. Esmael	Molugan NHS
	Diana Rose L. Estrada	Molugan NHS
	Bhea Althea R. Gloria	Molugan NHS
	Bernadith B. Lacre	Molugan NHS
	Marianne E. Ladoroz	Molugan NHS
	Joan E. Laid	Molugan NHS
	Krizel Marie V. Pacana	Molugan NHS
	Princess Sydney E. Raterta	Molugan NHS
	Karyll L. Tundan	Molugan NHS
John W. Bongcayao	KAIS	





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

ATHLETES: VOLLEYBALL-BOYS ELEMENTARY	Junnel C. Bongcayao	KAIS
	George A. Felizaria, Jr.	KAIS
	Kirt N. Janubas	KAIS
	Del John R. Maña	KAIS
	Bernard James B. Oco	KAIS
	Rainer L. Oco	KAIS
	Raphael Louise A. Arangcon	KAIS
	Clarence B. Cabiladas	KAIS
	Ched Jaylord S. Lastemoso	KAIS
	John Kenneth C. Magnetico	KAIS
	Jerson B. Pacala	KAIS
ATHLETES: VOLLEYBALL-BOYS SECONDARY	Vince Miguel A. Bejiga	SJA
	Kenneth John B. Bonayog	SJA
	Ian B. Dogenio	SJA
	Ivan B. Dugenio	SJA
	Crishner Kirk R. Gabule	SJA
	Johndell Paul B. Lomboy	SJA
	Mazi Christian M. Macalaguing	SJA
	Axl V. Mirasol	SJA
	Cris Lorenz L. Paug	SJA
	Michael James M. Romantico	SJA
	Faith Nino A. Yabo	SJA
John Lloyd A. Yabo	SJA	
ATHLETES: DANCESPORT	Marhia Judee Q. Talagtag	Cogon ES
	Gerald C. Labadan	Cogon ES
	Cleah Myra N. Canoy	Molugan NHS
	Klent Joshua L. Pahilan	Molugan NHS





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

ENCLOSURE NO. 3

(BATCH 3)

DATE	April 25-May 2, 2023	
SPORTS EVENTS	Arnis, Badminton, Boxing, Billiards, Chess, Swimming, Wrestling	
VENUE	Kibonbon Elementary School	
COACHES/ TRAINERS	Kristine Claire J. Bengar	ECCS
	Geraldine Leah A. Bendijo	ECCS
	Marites G. Lignes	ECCS
	Rona Ann R. Bengar	MNHS
	Eric Gabriel C. Balili	MNHS
	Leah P. Maestre	Sinaloc NHS
	Jelkhim M. Rosas	SFDANHS
	Lemuel Q. Liñan	Himaya NHS
	Roque Labis	Sambulawan ES
	Natalio A. Bongcas, Jr	Molugan CS
	Glory May A. Cuenza	CoNHS
	Alma Oguimas	CoNHS
	Marevil C. Deonila	SJA
	Christine G. Capundag	MNHS
	James Rey G. Saludares	MNHS
	Richiel Q. Ampoyo	ECCS
	Lizel D. Adesas	CoNHS
	Gilbert Oco	KiES
	Annielyn G. Tadena	CoNHS
	Rince Cheal Entice	ESCNHS
	Sherwin Oranio	CoNHS
	Chrryl D. Roa	SJA
	Ma. Faye Vanessa C. Cagalitan	Bolisong ES
Resurrecion B. Gunayan, Jr.	MNHS	
Dyanna Rose I. Fabre	CoNHS	
Tino Salabsab	PSB ES	
MONITORING PERSONNEL	Jessica Marie B. Ramos	Kibonbon ES
	Lina C. Bejiga	SDO
	Analyn G. Fabria	SDO
	Franz Maybelle Gaid	SDO
FOOD COMMITTEE	Chair: Marites G. Lignes	ECCS
	Co-Chair: Risza Jean s. Digamon	Kibonbon ES
	Members: Jelly Joy B. Asok	Kibonbon ES
	Rosen P. Pacuma	Kibonbon ES
	Angelina Huiso	Kibonbon ES





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

	Mary Kris Claus	Kibonbon ES
	Shela Joy H. Baculio	Kibonbon ES
	Ethel G. Gabutan	Kibonbon ES
	Ma. Aura E. Gaid	Kibonbon ES
ATHLETES: ARNIS	King Joshua E. Makibalo	ECCS
	Dave Anthony A. Amos	ECCS
	Kate Francis M. Andam	AMOROS ES
	Rizza Mae V. Ebuña	ECCS
	Brea Jleen B. Magpulong	ECCS
	Greanly T. Achas	ECCS
	Allan E. Damoloan Jr.	Hinigdaan NHS
	Mark Lawrence B. Alas	Molugan NHS
	Selwyn B. Gascon	Molugan NHS
	Kent Jhon M. Andam	Molugan NHS
	Ramel N. Aliñabon	Molugan NHS
	Blithe B. Jascha Magpulong	Molugan NHS
	Yaxha Andrea L. Bajuyo	Molugan NHS
	Billie B. Janine Magpulong	Molugan NHS
	Alliah Michaela T. Oniana	SJA
	Kimberly S. Salarza	ESCNHS
ATHLETES: BADMINTON	Chad Alejandro M. Macahilos	ECCS
	Joseph Jay D. Magtiza	ECCS
	Christian D. Maghanoy	Cogon ES
	Jay F. Diango	Cogon ES
	Zyanne R. Unson	HINIGDAAN ES
	Ruby Grace Balaba	SINALOC ES
	Princess Collen A. Lapesigue	ECCS
	Annie Frid G. Rubi	ECCS
	Edsil C. Buray	CONHS
	Justine Earl M. Quintero	ESCNHS
	Christian Dave V. Joloyohoy	ESCNHS
	Jemuel Kyle B. Capili	ESCNHS
	Aliyah Grace J. Laserna	CONHS
	Shancy Jane C. Buna	CONHS
	Christelle Jhade A. Morales	CONHS
Alaizah Gean T. Labadan	CONHS	
ATHLETES: BOXING	Roberto Capunay, Jr.	Himaya NHS
	Romy B. Labis, Jr.	Himaya NHS
	Jhon Carlo Palle	Himaya NHS
	Marjun Mendoza	Cogon NHS
	Warren Roxas	Cogon NHS
	Mark Anthony S. Godorne	Himaya NHS





Republic of the Philippines
Department of Education
REGION X- NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

ATHLETES:	Neil John Catiil	SFDANHS
	Rex Escalante	ESCNHS
BILLIARDS	Rodelyn B. Badoles	Sinaloc NHS
	Shayrelle Ann C. Macahilos	SFDANHS
ATHLETES: CHESS	Justine Rey Ebajay	SJA
	Mateo Xander Tabamo	PSB ES
	Misty Nicole Balacuit	Bolisong ES
	Chris Joanne Sumayang	Bolisong ES
	Keith Adriane Ilar	SJA
	John Dale Salabsab	Molugan NHS
	Kyla Marie Capili	CONHS
	Earyl Zhyra Abotanmo	TNESC
	Xiane Kelsy M. Eborot	SJA
ATHLETES: SWIMMING	Rainzel Canoy	Molugan CS
	Rachelle Mae R. Puras	ESCNHS
	Alissa Mae Sandoval	Cogon NHS
	Dom Lawrence L. Sual	Cogon NHS
	John Zerry Yan Noer	Cogon NHS
ATHLETES: WRESTLING	Bryan Taganos	Molugan NHS
	Alvin Bacasmas	Molugan NHS
	Christian Abellido	Molugan NHS
	Felix Labalan	Molugan NHS
	Art E. Calimbo	Molugan NHS
	Mark Baculio	Molugan NHS
	Janfred Lazaga	Molugan NHS
	Dainel A. Zafra	Molugan NHS
	Rhessie Jane R. Medallo	Molugan NHS
	Karen Joy S. Hisuan	Molugan NHS
Admely Castro	Molugan NHS	

