



Republic of the Philippines
Department of Education
REGION X – NORTHERN MINDANAO
SCHOOLS DIVISION OF EL SALVADOR CITY

Office of the Schools Division Superintendent

23 MAY 2023

DIVISION MEMORANDUM
No. 247 s. 2023

**CONDUCT OF WEEKLY PHYSICAL FITNESS EXERCISE/ZUMBA DANCE
FOR THE SCHOOLS DIVISION OFFICE PERSONNEL**

To: **Assistant Schools Division Superintendent
Chief, Schools Governance and Operations Division
Chief, Curriculum Implementation Division
All Others Concerned**

This Division

1. In accordance with Memorandum Circular No. 8, s. 2011 of the Civil Service Commission (CSC). This office advises all SDO personnel/employees to engage in this weekly activity, titled Reiteration of the Physical Fitness Program "Great Filipino Workout" in 2011, which allows the allotment of reasonable time for regular fitness training.
2. The Schools Division Office Personnel are encouraged to join the Physical Fitness Exercise/Zumba Dance every Wednesday and Thursday at 4:00-5:00pm. The venue for the said activity shall be at Courtyard, Division Office of El Salvador City.
3. All SDO personnel are advised to wear their appropriate/comfortable attire for the said activity. For the following SDO personnel who will take charge/spearhead the physical fitness exercise, please see list of names in enclosure 1.
4. This office shall adhere to Equal Opportunity Principle (EOP) in the conduct of this activity. Hence, all decisions and actions shall be based solely on the guidelines set forth, with no discrimination on the account of age, ethnicity, gender, marital status, religion and political affiliation.





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5. For information, guidance and compliance.

RANDOLPH B. TORTOLA, CESO V
Schools Division Superintendent,

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To be indicated in the perpetual index
Under the following subject:

SGDO/VPLT





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Enclosure 1.

List of SDO Personnel who will spearhead weekly as zumba/dance instructor.

Name Of SDO Personnel	Unit/Section
1. HONEY LUZ A. SABUERO	OSDS-Supply
2. ARIEL S. PADIGOS	OSDS-Finance
3. ALSAMEL JANE B. PAISANO	OSDS-Finance
4. NISHI M. ABRATIGUIN	CID
5. IRIKA MAE M. CAPILI	CID-ALS
6. RENABELLE B. SIABOC	COA
7. ARJELYN B. MANGAYAN	CID-ALS

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